



American Association of
Orthodontists

HISTORY FORM FOR PATIENT WITH TEMPOROMANDIBULAR DISORDER

Date _____ Date of Birth _____

Name Dr. Mr. Mrs. Ms. Miss _____

Address _____

City _____ State/Province _____ Zip/Postal Code _____

Referred by _____

MAJOR REASON FOR CURRENT EVALUATION:

- 1) Describe what you think the problem is: _____
- 2) What do you think caused this problem? _____
- 3) Describe, in order (first to last), what you expect from your treatment: _____

GENERAL HISTORY:

- 1) Are you presently under the care of a physician or have you been in the past year? YES NO
Physician's name _____ Condition treated _____
Treatment _____
Name of medication(s) you are currently taking _____

- | | Poor | Average | Excellent |
|---|------|--------------------------------|-----------|
| 2) How would you describe your overall physical health? | 0 | 1 2 3 4 5 6 7 8 9 10 | |
| 3) How would you describe your dental health? | 0 | 1 2 3 4 5 6 7 8 9 10 | |
| Dentist's name _____ | | Date of last appointment _____ | |

- 4) Have you had any major dental treatment in the last two years? YES NO
If yes, please circle procedure(s) Orthodontics Periodontics Oral Surgery Restorative
Date(s) of Third Molar (wisdom tooth) extraction(s) _____

FACIAL INJURY/TRAUMA HISTORY:

- 1) Is there any childhood history of falls, accidents or injury to the face or head?
Describe: _____
- 2) Is there any recent history of trauma to the head or face? (Auto accident, sports injury, facial impact)
Describe: _____
- 3) Is there any activity which holds the head or jaw in an imbalanced position? (Phone, swimming, instrument)
Describe: _____

TMD TREATMENT HISTORY:

- 1) Have you ever been examined for a TMD problem before? YES NO
If yes, by whom? _____ When? _____
- 2) What was the nature of the problem? (Pain, noise, limitation of movement) _____
- 3) What was the duration of the problem? [] Months [] Years Is this a new problem? YES NO
- 4) Is the problem getting better, worse or staying the same?
- 5) Have you ever had physical therapy for TMD? YES NO
If yes, by whom? _____ When? _____
- 6) Have you ever received treatment for jaw problems? YES NO
If yes, by whom? _____ When? _____
What was the treatment? (Please circle below)
Bite Splint Medication Physical Therapy Occlusal Adjustment Orthodontics Counseling Surgery
Other (Please explain) _____

CURRENT MEDICATIONS/APPLIANCES:

- | | No Pain | Moderate Pain | Severe Pain |
|---|-------------|----------------------|-------------|
| 1) Degree of current TMD pain: | 0 | 1 2 3 4 5 6 7 8 9 10 | |
| 2) Frequency of TMD pain: | Daily | Weekly | Monthly |
| Is there a pattern related to pain occurrence? | Upon Waking | Morning | Afternoon |
| | Evening | After Eating | |
| 3) Are you taking medication for the TMD problem? If so, what type? _____
How long? _____ Who prescribed the medication? _____ | | | |
| 4) Are the medications that you take effective? YES NO Conditional _____ | | | |
| 5) Are you aware of anything that makes your pain worse? YES NO If yes, what? _____ | | | |

(CONTINUED ON REVERSE SIDE)

- 6) Does your jaw make noise? YES NO
 RIGHT Clicking Popping Grinding Other _____
 LEFT Clicking Popping Grinding Other _____
- 7) Does your jaw lock open? YES NO When did this first occur? _____ How often? _____
- 8) Has your jaw ever locked closed or partly closed? YES NO
 When did this first occur? _____ How often? _____
- 9) Have any dental appliances been prescribed? YES NO
 If yes, by whom? _____ When? _____
 Describe _____
- 10) Are these appliances effective? YES NO
- 11) Is there any additional information that can help us in this area? _____

CURRENT STRESS FACTORS: (Please check each factor that applies to you)

- | | | |
|---|--|--|
| <input type="checkbox"/> Death of Spouse | <input type="checkbox"/> Major Illness or Injury | <input type="checkbox"/> Major Health Change in Family |
| <input type="checkbox"/> Business Adjustment | <input type="checkbox"/> Divorce | <input type="checkbox"/> Pending Marriage |
| <input type="checkbox"/> Financial Problems | <input type="checkbox"/> Pregnancy | <input type="checkbox"/> Career Change |
| <input type="checkbox"/> Fired from Work | <input type="checkbox"/> Marital Reconciliation | <input type="checkbox"/> Taking on Debt |
| <input type="checkbox"/> Death of Family Member | <input type="checkbox"/> New Person Joins Family | <input type="checkbox"/> Other |
| <input type="checkbox"/> Marital Separation | | |

HABIT HISTORY (Circle your answer to each question)

- 1) Do you clench your teeth together under stress? YES NO DON'T KNOW
- 2) Do you grind/clench your teeth at night? YES NO DON'T KNOW
- 3) Do you sleep with an unusual head position? YES NO DON'T KNOW
- 4) Are you aware of any habits or activities that may aggravate this condition? YES NO DON'T KNOW
- Describe: _____

SYMPTOMS: (Circle each symptom that applies)

- | | | |
|--|---|--|
| <p>A. HEAD PAIN, HEADACHES, FACIAL PAIN</p> <p>Forehead L R
 Temples L R
 Migraine Type Headaches
 Cluster Headaches
 Maxillary Sinus Headaches (under the eyes)
 Occipital Headaches (back of the head with or without shooting pain)
 Hair and/or Scalp Painful to Touch</p> | <p>D. TEETH AND GUM PROBLEMS</p> <p>Clenching, Grinding at Night
 Looseness and/or Soreness of Back Teeth
 Tooth Pain</p> | <p>H. THROAT PROBLEMS</p> <p>Swallowing Difficulties
 Tightness of Throat
 Sore Throat
 Voice Fluctuations
 Laryngitis
 Frequent Coughing/Clearing Throat
 Feeling of Foreign Object in Throat
 Tongue Pain
 Salivation
 Pain in the Hard Palate</p> |
| <p>B. EYE PAIN OR EAR ORBITAL PROBLEMS</p> <p>Eye Pain – Above, Below or Behind
 Bloodshot Eyes
 Blurring of Vision
 Bulging Appearance
 Pressure Behind the Eyes
 Light Sensitivity
 Watering of the Eyes
 Drooping of the Eyelids</p> | <p>E. JAW AND JAW JOINT (TMD) PROBLEMS</p> <p>Clicking, Popping Jaw Joints
 Grating Sounds
 Jaw Locking Opened or Closed
 Pain in Cheek Muscles
 Uncontrollable Jaw/Tongue Movements</p> | <p>I. NECK AND SHOULDER PAIN</p> <p>Reduced Mobility and Range of Motion
 Stiffness
 Neck Pain
 Tired, Sore Neck Muscles
 Back Pain, Upper and Lower Shoulder Aches
 Arm and Finger Tingling, Numbness, Pain</p> |
| <p>C. MOUTH, FACE, CHEEK AND CHIN PROBLEMS</p> <p>Discomfort
 Limited Opening
 Inability to Open Smoothly</p> | <p>F. PAIN, EAR PROBLEMS, POSTURAL IMBALANCES</p> <p>Hissing, Buzzing, Ringing or Roaring Sounds
 Ear Pain without Infection
 Clogged, Stuffy, Itchy Ears
 Balance Problems – “Vertigo”
 Diminished Hearing</p> | |
| | <p>G. OTHER PAIN</p> <p>If so, please describe:
 _____</p> | |

On the figures below, mark an “X” where you have pain. Circle the “X” where the pain is most severe.

